

ST GEORGE & SUTHERLAND GIANTS BASEBALL CLUB INC

Health & Hygiene Protocol



Giants Baseball Club
secretarygiantsbaseball@gmail.com

Purpose

COVID-19 has affected all aspects of our lives like we have never seen before. Giants Baseball Club continue to take the advice of NSW Health, NSW Office of Sport, Baseball NSW and Local Council as we prepare for a safe return to play. The health and wellbeing of our wider club community is of the utmost importance to our club executive.

This document outlines the protocols our club will implement to ensure a safe return to activity for all our members and the wider club community.

Return to Activity

Giants Baseball Club have taken into consideration all aspects of the Return to Activity and have implement the following procedures:

- Social distancing of 1.5m between people and a minimum of 4m² per person to be maintained at all times, where possible
- A training schedule will be structured to allow little to no cross over between teams.
- Players must enter the field not more than 5 minutes prior to commencement of training. Players arriving prior to this must stay in the car in which they arrive or in the designated waiting area if arriving by public transport.
- Coaches and officials must not enter the field more than 15 minutes prior to commencement of training
- Players are to bring their own water bottles. No shared drinks are allowed and drinking fountains will be disabled.
- Players are to arrive at games and training dressed ready to play. No change facilities will be provided except for umpires as outlined below.
- Only essential participants are to attend training. Parents and caregivers must wait in the car or the designated waiting area.
- Only one parent or caregiver may attend games.
- The toilets will be available but a maximum of two people in either the men's or women's will be observed.
- Diamonds to be broken up into 3 zones.
- An attendance sheet to be completed at each training session, see attached
- Players are recommended to use their own equipment
- Equipment not to be kept in the dugouts
- Hand Sanitiser will be made available at all training sessions
- All participants are to vacate the grounds upon completion of the training session or game.

Diamonds & Dugouts

Aspley baseball field has 3 Diamonds, each diamond is to be broken up into 3 zones. These zones allow Groups of 10 in each, this includes the coaches.

Each field has 2 dugouts, Giants executive will notify all coaches equipment is to be left outside the dugout during sessions. This minimises members being in a small space. Dugout benches will be wiped down with disinfectant between each training session.

General Hygiene

Giants executive will remind all members of the general hygiene practices adopted by the club and wider community.

Players, parents/ carers and officials are to apply the following hygiene practices:

- Wash your hands often with soap and water for 20 seconds
- Wash or sanitise before eating
- Avoid touching your eyes, nose and mouth
- Cough or sneeze into your elbow
- No sharing of drink bottles, towels or equipment
- If you have cold/flu like symptoms you are not to attend the fields and seek medical advice

Training & Game Hygiene

In order to return to activity and play and to continue to flatten the curve, the following recommendations will be adopted by Giants Baseball Club:

- Alcohol based Hand Sanitiser will be made available in all dugouts
- When working in pairs, this pair needs to be consistent (where possible) across all training sessions
- Where possible players are recommended to use their own equipment, if this is not the case, equipment to be wiped down with disinfectant.
- Balls to be wiped down at intervals during a training session or game
- No bat boy/girl during training or games

Umpires' Changeroom

The Umpires change room will remain open under the following conditions:

- only one person may be in the change room at any point in time, except where umpires reside together.
- All tables, chairs and other surfaces are to be wiped down with disinfectant prior to vacating the change-room.
- The door to the change-room is to remain open while in use (except when the umpire is actually getting changed).

Ground Plan

The below diagram shows the area designation.

The blue areas are buffer zones between the training zones.

There is a Waiting Area designated for each of the diamonds so that players wait in proximity to their training zone and the intermingling of players of different ages is minimised.





GIANTS BASEBALL CLUB
BACK TO TRAINING ATTENANCE SHEET

DATE: _____

ASSOCIATION: _____

VENUE: _____

TEAM: _____

COACH: _____

MANAGER: _____

HYGIENE PRACTICES APPLIED: YES / NO

#	Attendance	Contact
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

NOTES: